



NE Minneapolis  
Mississippi River  
5K Run / Walk  
April 17, 2010

PACKET PICK-UP AND  
RACE DAY REGISTRATION

Saturday, April 17<sup>th</sup>, from 8:00 a.m. to 8:45 a.m.

- Race packets ready for pick up
- Can pick up packet for other registered participants
- Race day registration (full packets may not be available)

The Bottineau Neighborhood Association is proud to be able to offer the first outdoor 5K run/walk of the year in NE Minneapolis. Join us for a trip down historic Marshall Street, past the old Grainbelt Brewery, across the Mississippi (twice) and back again. Then feel free to enjoy a light breakfast on us, participate in our annual river/watershed clean up or check out some of the environmental education displays. Proceeds from the 5K will be used for our environmental programming and future Earth Day events.

Tim Kremer, President  
www.bottineauneighborhood.org

REGISTRATION PROCESS

- 1) MAIL IN – Mail in registration must be postmarked no later than April 13<sup>th</sup>.
- 2) ONLINE – Online registration is available at through April 15<sup>th</sup>. For a link to the online registration, see: [www.bottineauneighborhood.org/earthday10.html](http://www.bottineauneighborhood.org/earthday10.html)
- 3) RACE DAY – Race day registration will be available until 8:45 a.m. on Saturday, April 17<sup>th</sup>. However, we strongly encourage you to mail in your registration or register online instead to ensure you are registered in time.

START TIME

The run/walk will start promptly at 9:00 a.m. Strollers and pets are welcome, but you will be asked to line up towards the rear.

ENTRY FEES

Entry fee is for participants 18 years or older on April 17<sup>th</sup>. Youth, children in strollers, dogs, turtles, pet fish, and others may participate free. A registration form is required for **all** (human) participants however.

LOCATION

The event will start and end on Marshall Street NE in front of Gluek Park (1926 Marshall Street). Parking is available in parking lots either directly across the street or just to the south of Gluek Park.



Mail-in (thru 4/13/10)	\$20.00
Online	\$20.00+processing fee
Race Day	\$25.00

Photo copies are acceptable

Name

Address

City

Phone (  )  E-Mail:

Age  On April 17<sup>th</sup>, 2010 Gender

Date of Birth  -  -

State  Zip

**WAIVER** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act for my behalf, waive and release the Bottineau Neighborhood Association, the management personnel, the City of Minneapolis and all sponsors of the event, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby irrevocably consent to and authorize the use and reproduction by Bottineau Neighborhood Association, or anyone authorized by Bottineau Neighborhood Association, of any and all photographs and video taken of me for any purpose whatsoever, without further compensation. All photographs and videos shall constitute Bottineau Neighborhood Association property.

I have read and agree to the above. Signature \_\_\_\_\_

If you are under age 18, parents must sign here for you.

Make your check payable to BNA  
Mail check with entry to: BNA, 2205 California St NE #107, Minneapolis, MN 55418  
Please do not send cash.  
Phone (612) 782-2145